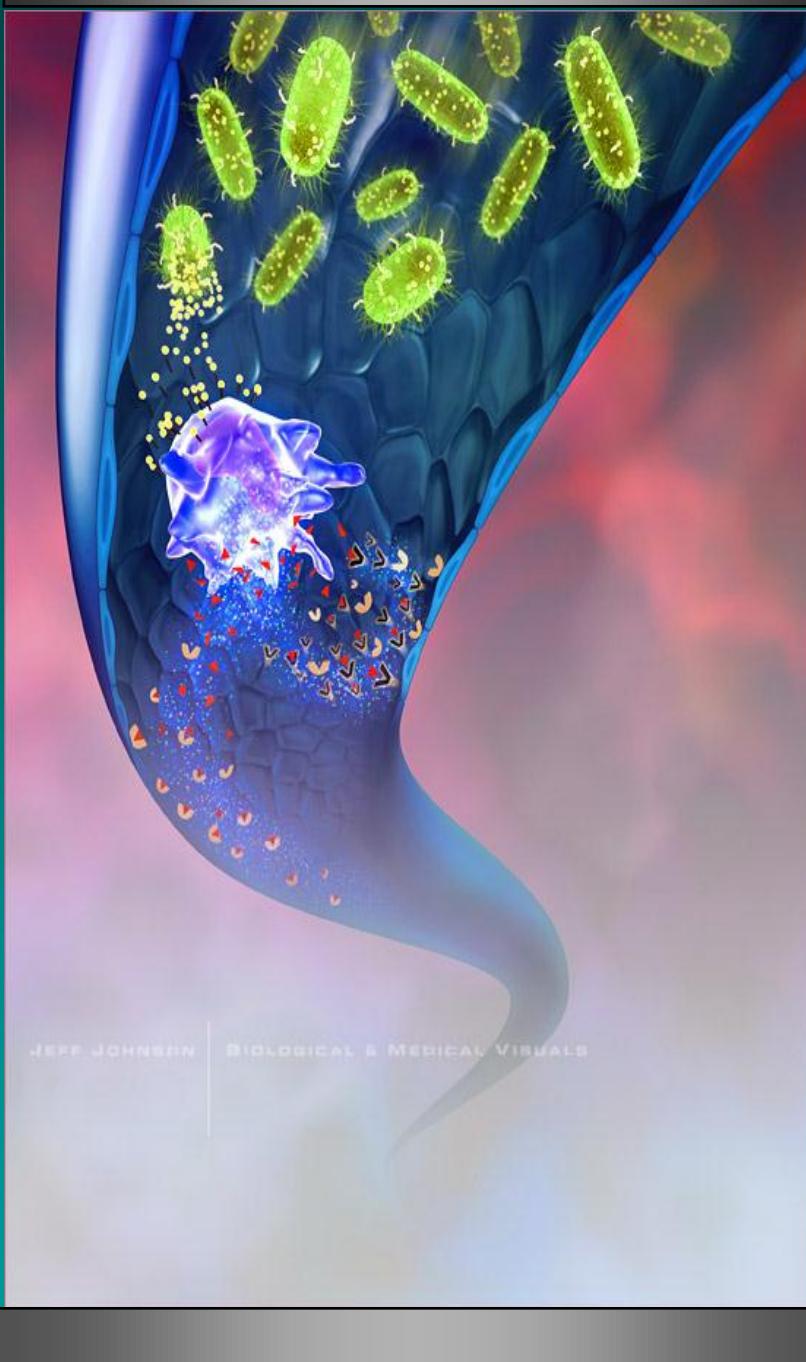
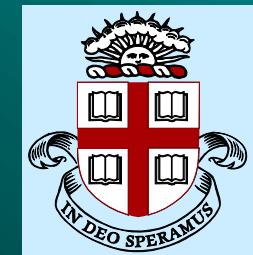


The Immunology of Sepsis

The problem of sepsis and non-resolving inflammation/infection



**Steven M. Opal, MD
Infectious Disease Division
Alpert Medical School
Brown University
Providence, RI**



**FDA workshop
Washington DC-16/Oct/2015**

Sepsis: Defining a Disease Continuum: 1992-2014

Infection/
Trauma

SIRS

Sepsis

Severe Sepsis

Sepsis with ≥ 1 organ dysfunction

- Cardiovascular (refractory hypotension)
- Renal
- Respiratory
- Hepatic
- Hematologic
- CNS
- Metabolic acidosis

Shock



Draft Sepsis definitions: the 2015-6 version

- ❖ **Infection**: interaction with a microorganism that induces a local or a systemic host response (old term-sepsis); if no host response-colonization or contamination
- ❖ **Sepsis**: A deleterious host response to infection resulting in organ dysfunction remote from the site of infection (old term-severe sepsis)-deleting “SIRS”
- ❖ **Septic Shock**: sepsis complicated by diffuse cardiac and microvascular dysfunction with fluid non-responsive hypotension (SBP<90mmHg), need for vasopressors to maintain BP, and elevated blood lactate (>2 mmol/L)

Innate Immunity in Early Sepsis

PAMPs

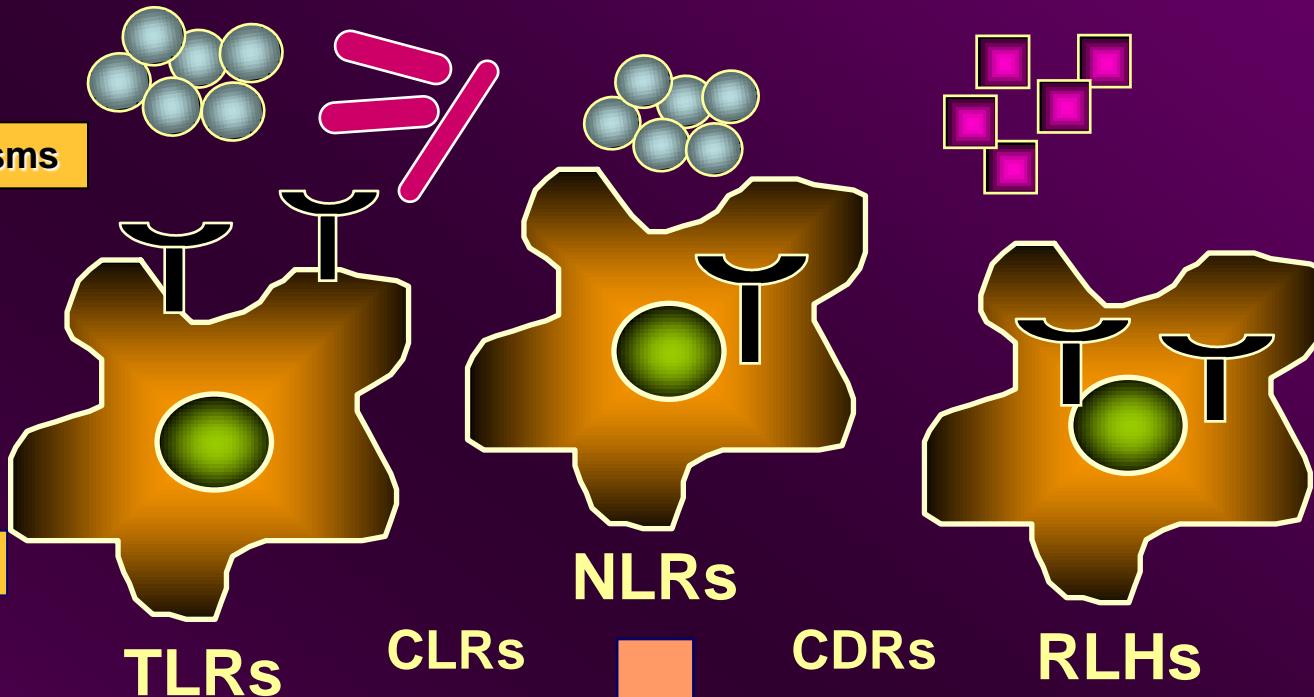
DAMPs

HSP
Heparan
Hyaluronate
Fibrinogen
Biglycan
Surfactant A
HMGB-1
Heme
mtDNA
Histone

Microorganisms

5 PRRs

Immune cells



Signalosome Pathway

NF- κ B

Host-derived
mediators

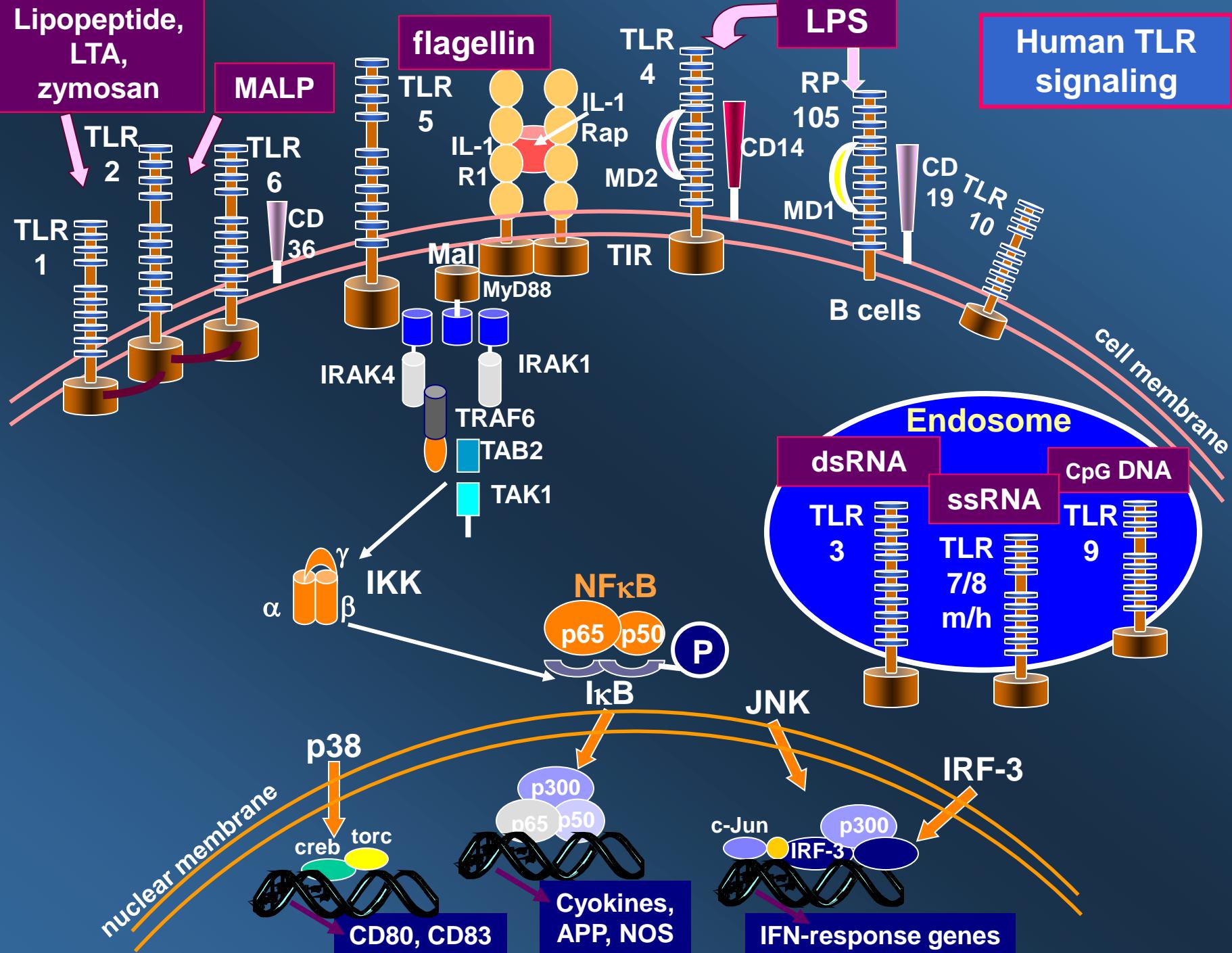
ASC

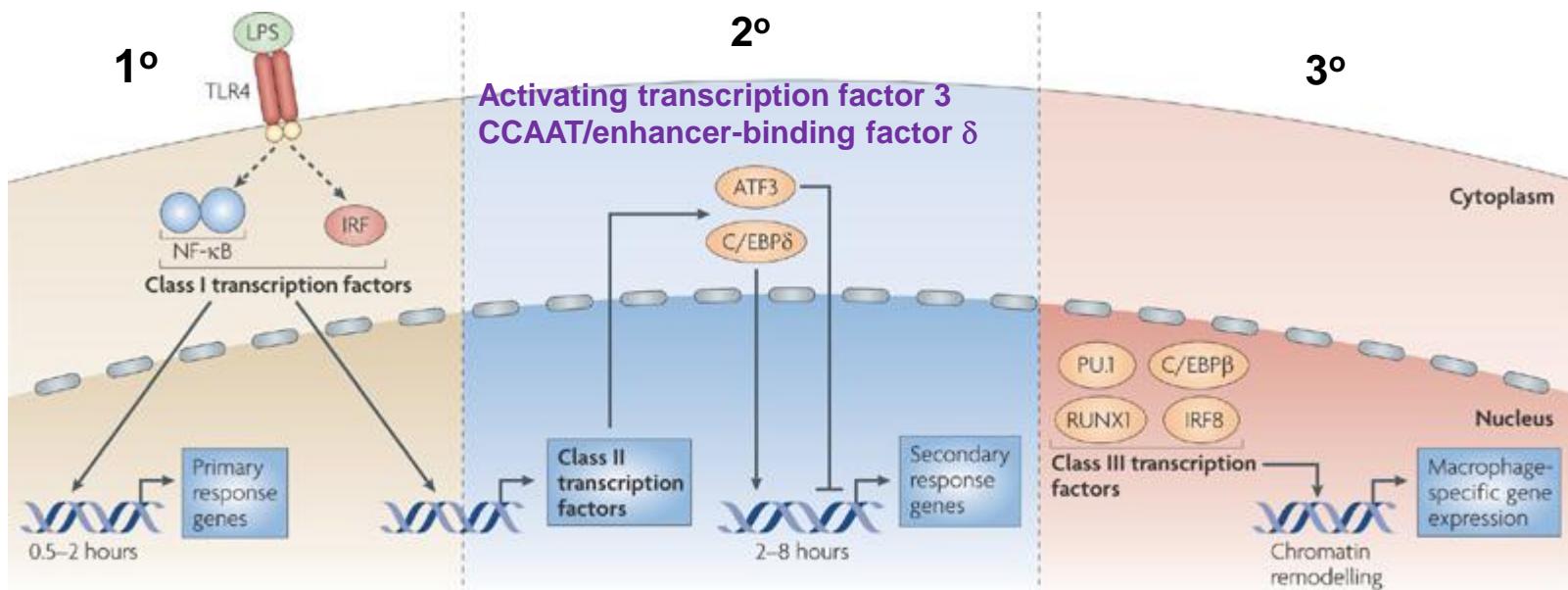
Inflammasome Pathway

Caspase-1 & 5
ASC
NALP1 & 3
Pyrin

INFLAMMATION

Cinel and Opal CCM 2009;291-
courtesy of T. Calandra

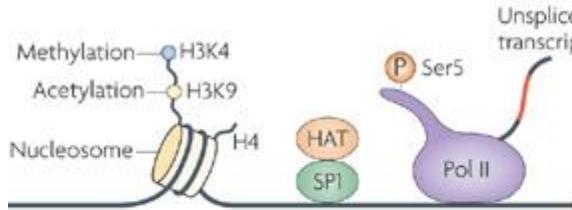




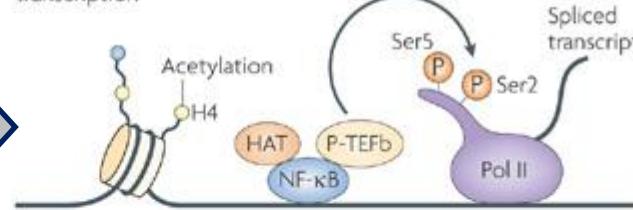
Minutes: proinflammatory Hours: anti-inflammatory + host defense genes

1° response genes

Basal transcription

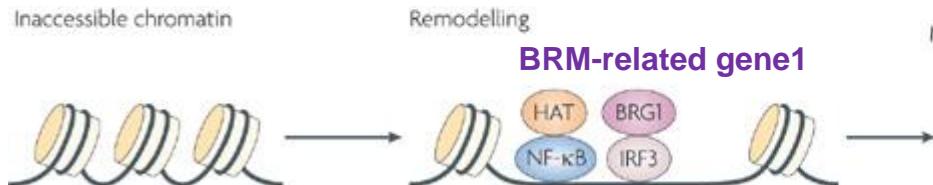


Stimulus-dependent transcription



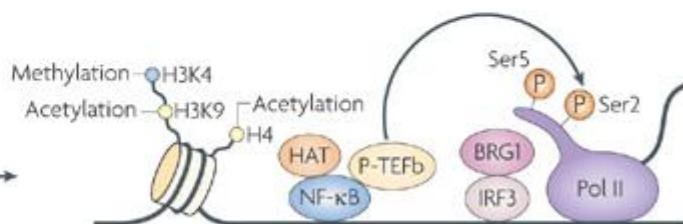
2°/3° response genes: *de novo* synthesis

Inaccessible chromatin

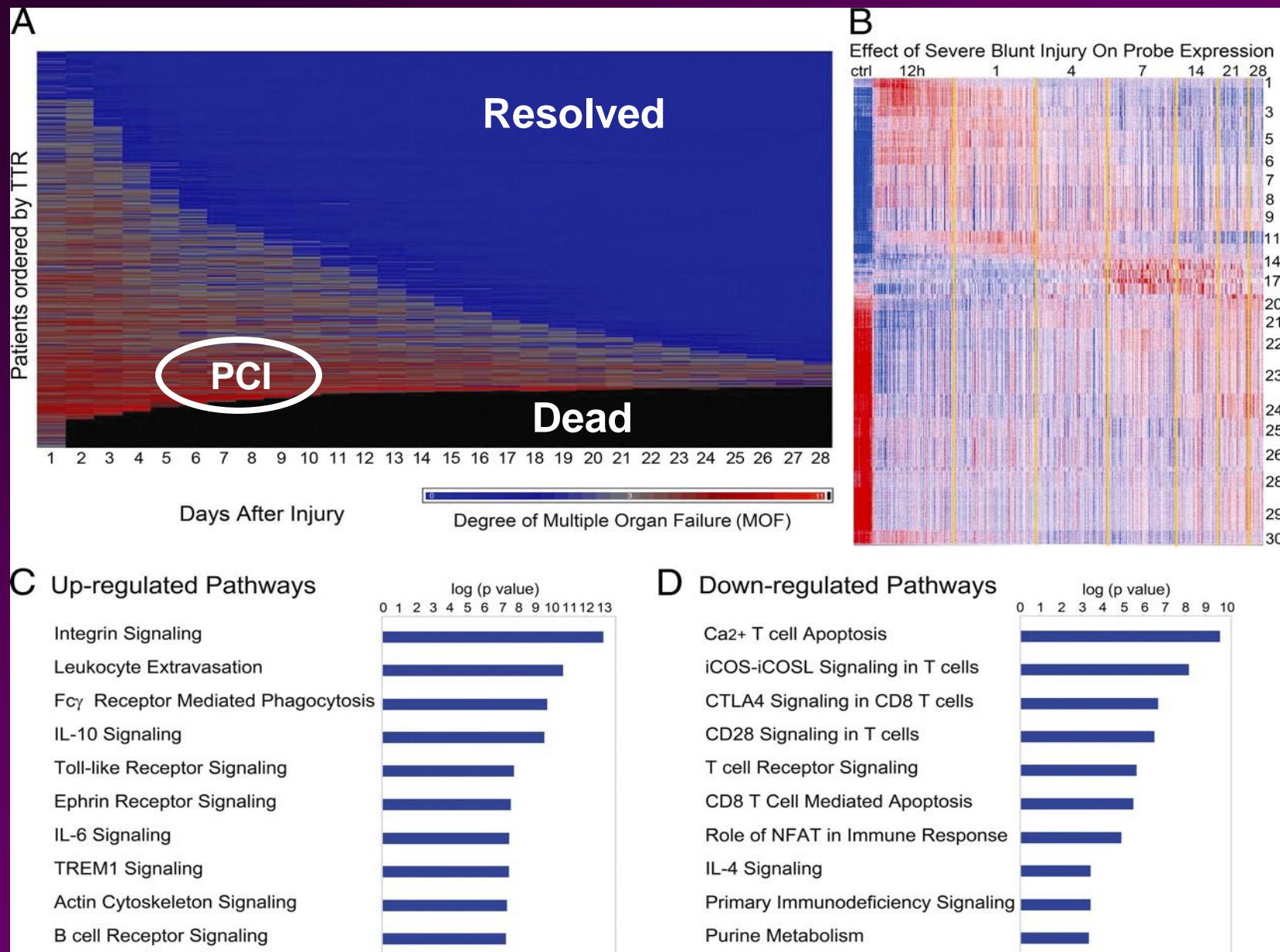


Transcriptional start site

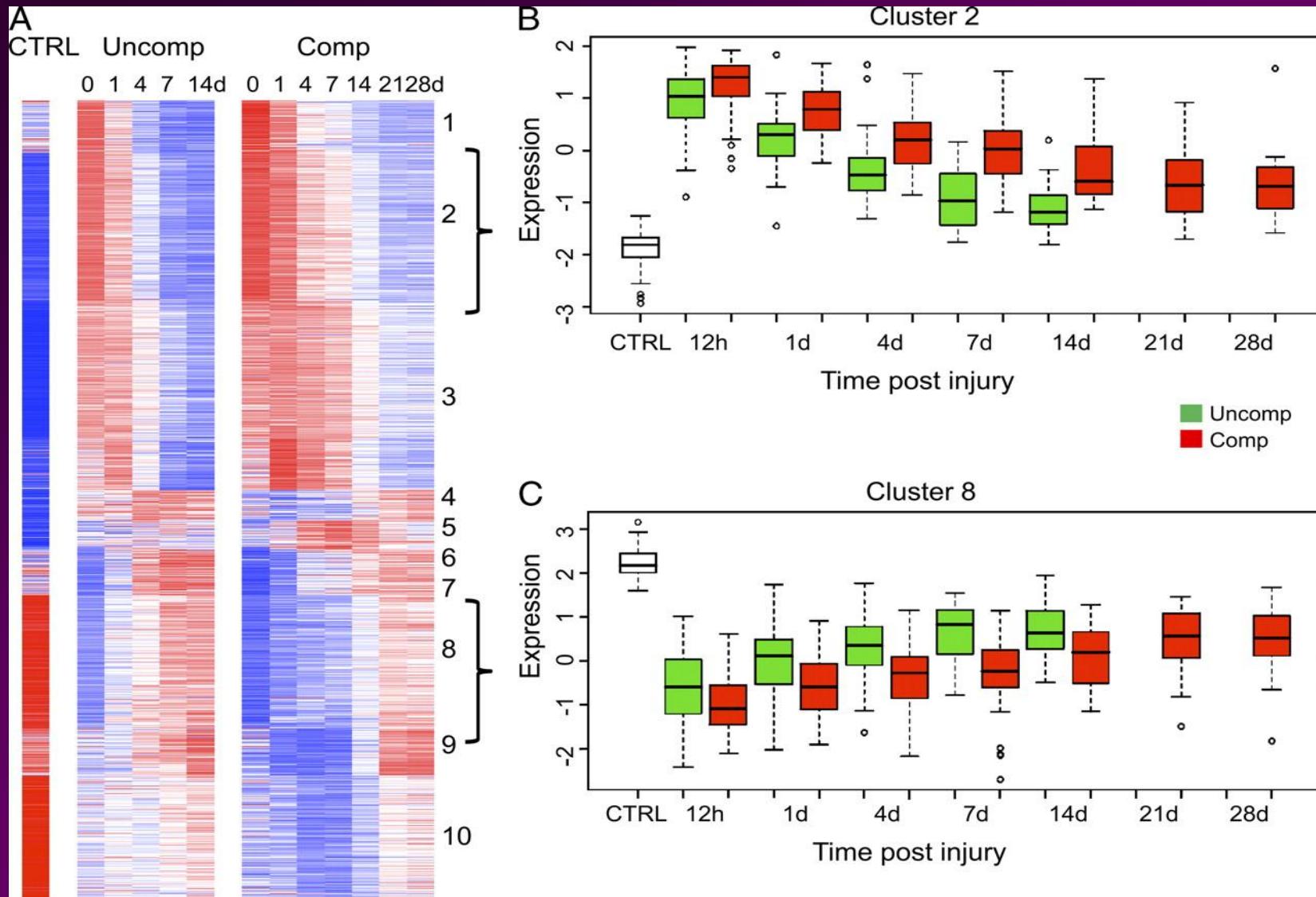
Positive-transcription elongation factor b



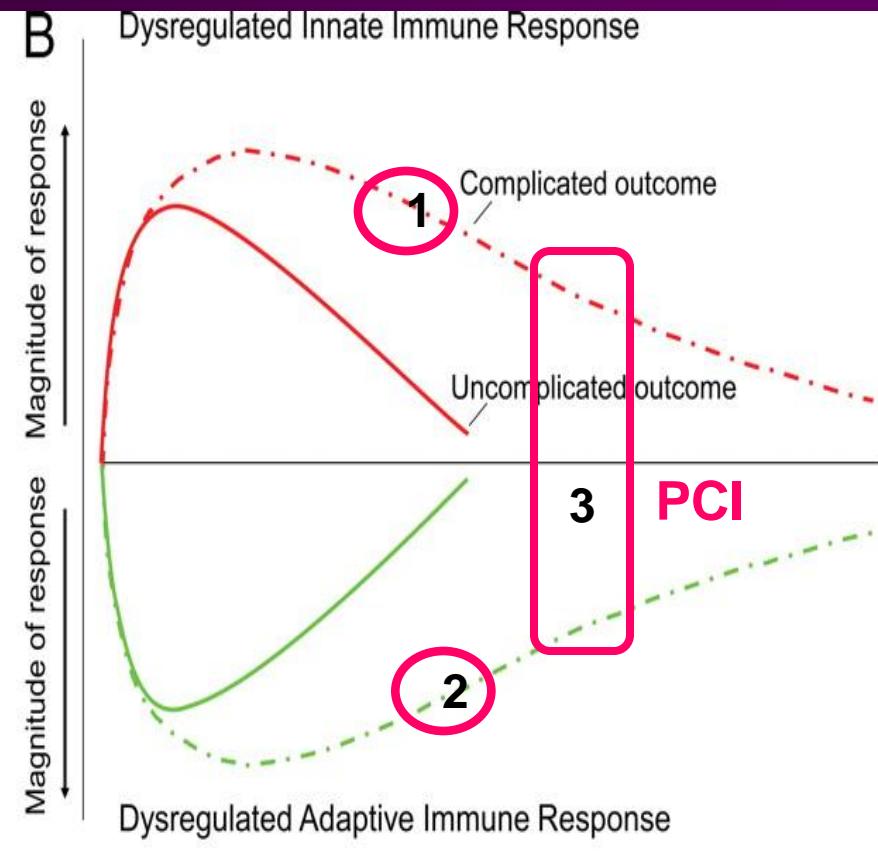
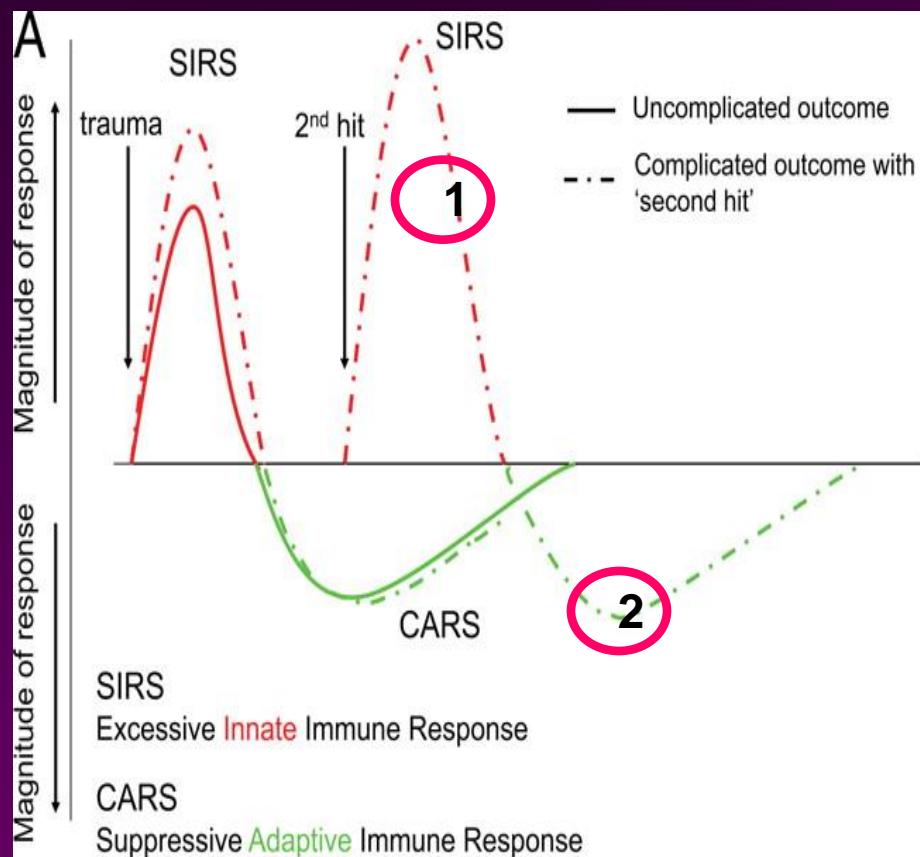
Human acute inflammatory patterns following “sterile” injury



Differences in gene expression: complicated vs. uncomplicated recovery following severe trauma



The “two hit model” vs. the “monopolar” immune response in sepsis



The T and B cell lymphopenia of sepsis (apoptosis and extravascular distribution)

Table 1

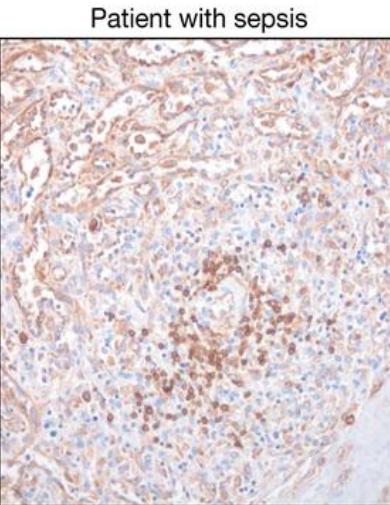
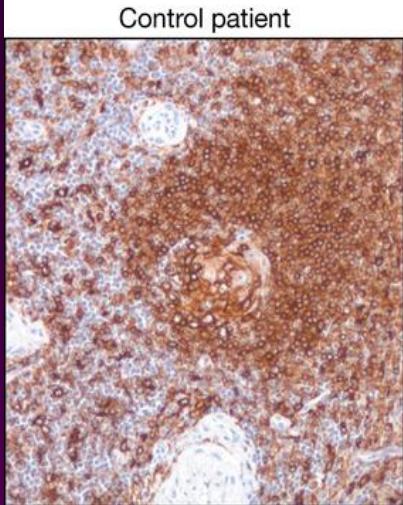
Comparative study of absolute cell numbers of lymphocyte subpopulations between septic shock patients and healthy individuals.

Cells/mL	Septic patients	Healthy volunteers
Total lymphocytes	1239 ± 237	3113 ± 739
CD3 ⁺ T lymphocytes	626 ± 58	1352 ± 86
CD4 ⁺ T lymphocytes	428 ± 74	836 ± 49
CD4 ⁺ CD25 ⁺ (Treg)	168 ± 32	173 ± 13
CD4 ⁺ CD25 ⁻	260 ± 44	663 ± 41
γδ T lymphocytes	16 ± 4	56 ± 9
Others (including B, CD8 ⁺ , NK)	613	1761

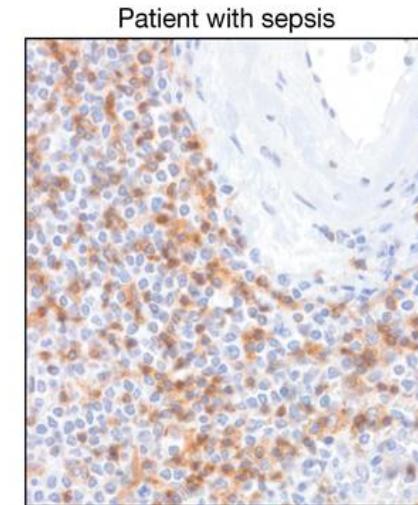
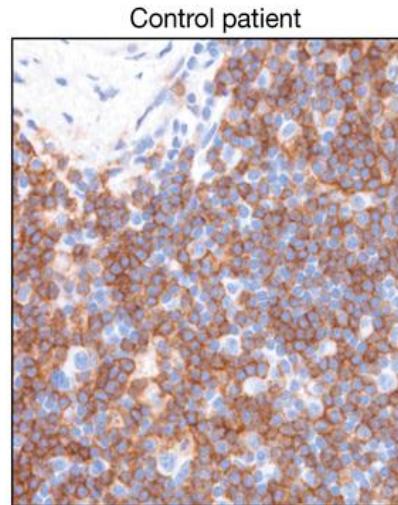
Data (mean ± SEM) from Lyon clinical studies (126,127) were extracted to provide a global picture of the absolute count of lymphocyte subpopulations measured in whole blood from septic shock patients between days 3 and 7 of shock and from healthy individuals.

Sepsis - induced effector cell apoptosis in spleen tissue

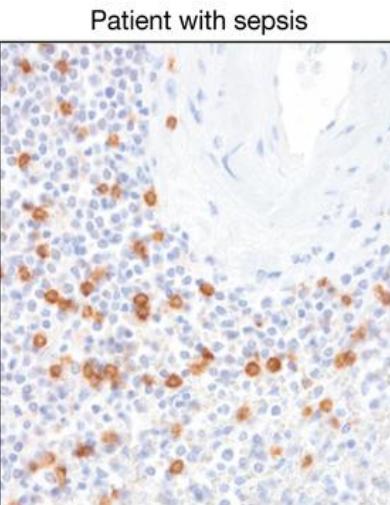
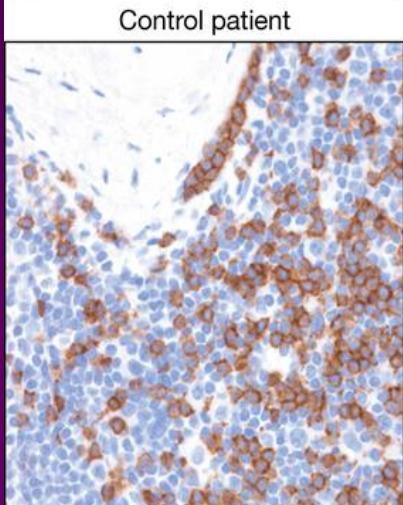
A Immunohistochemical staining for HLA-DR



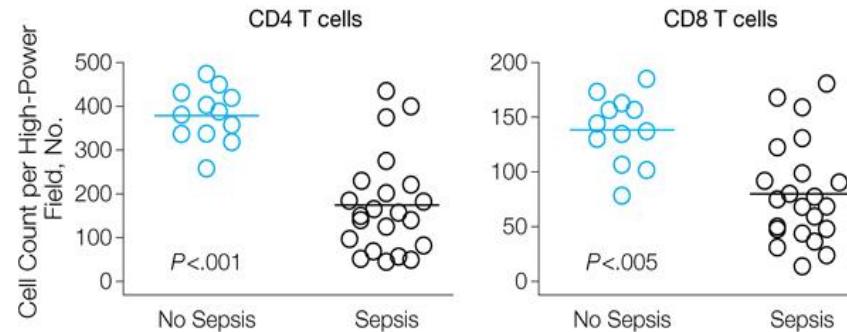
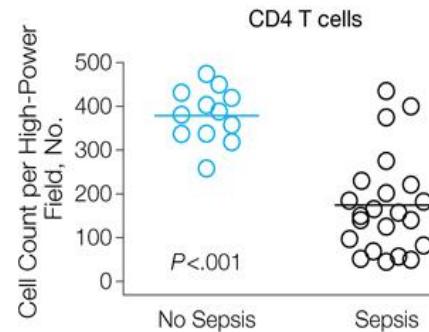
B Immunohistochemical staining for CD4



C Immunohistochemical staining for CD8

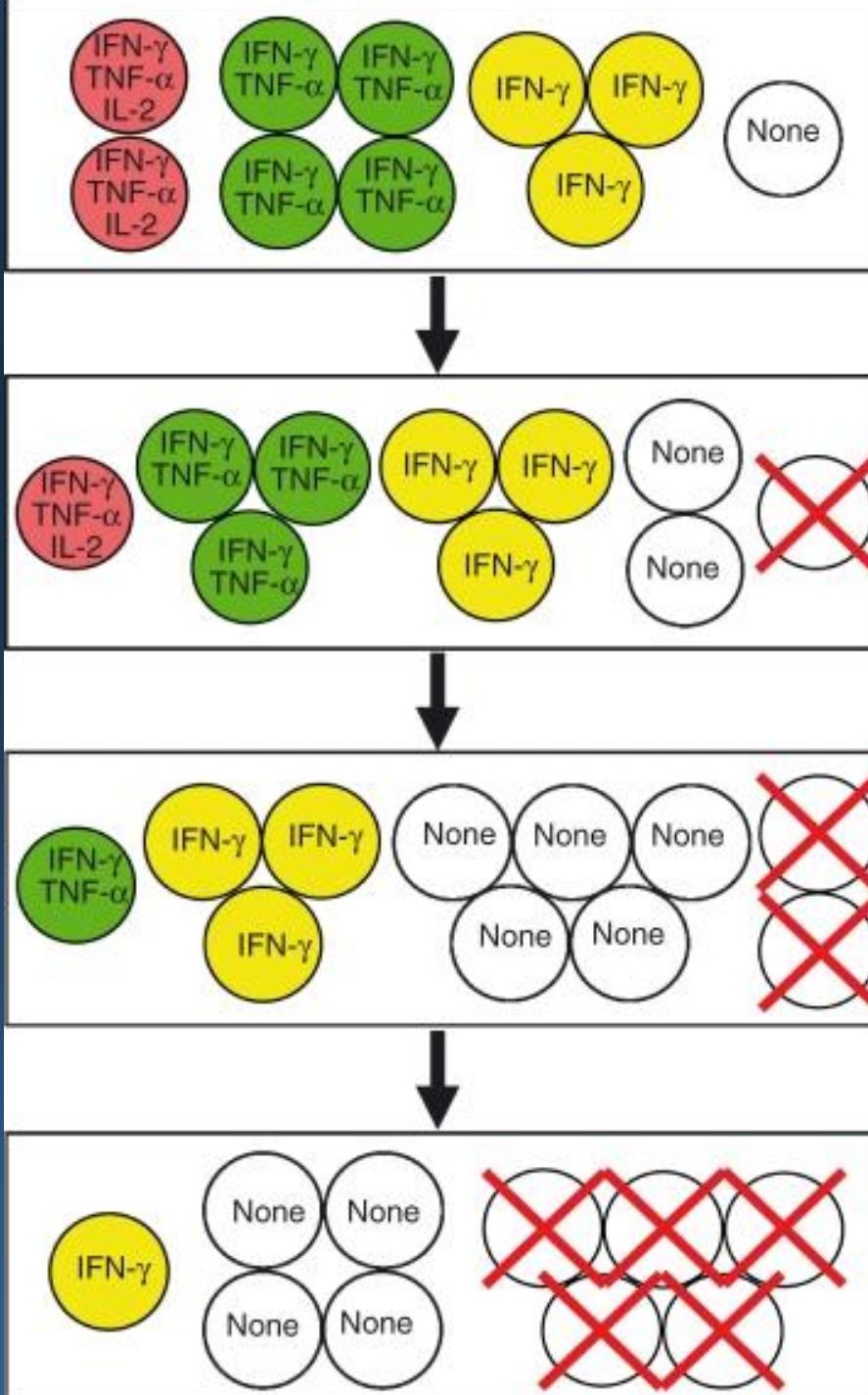


D T-cell counts



T cell exhaustion

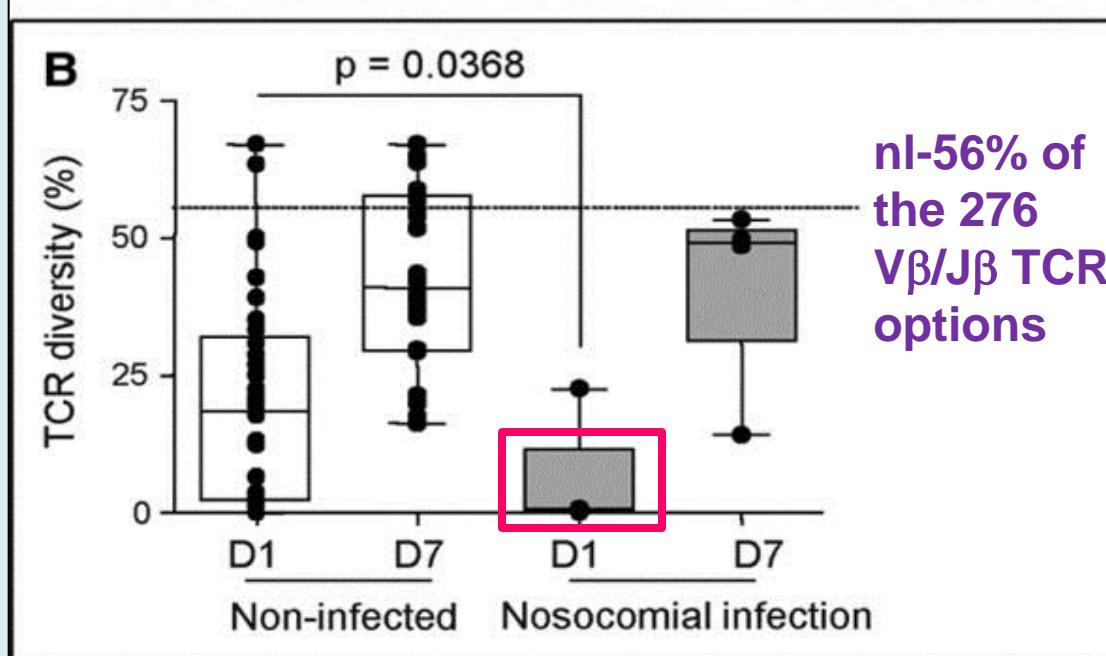
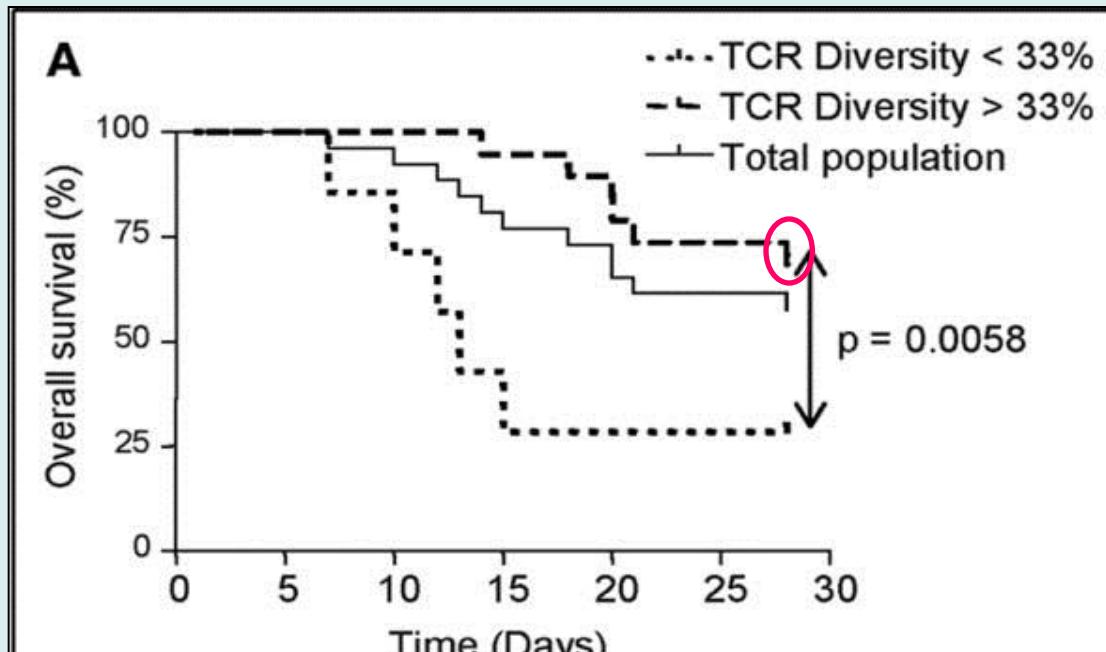
Progressive loss of function along with excess apoptosis



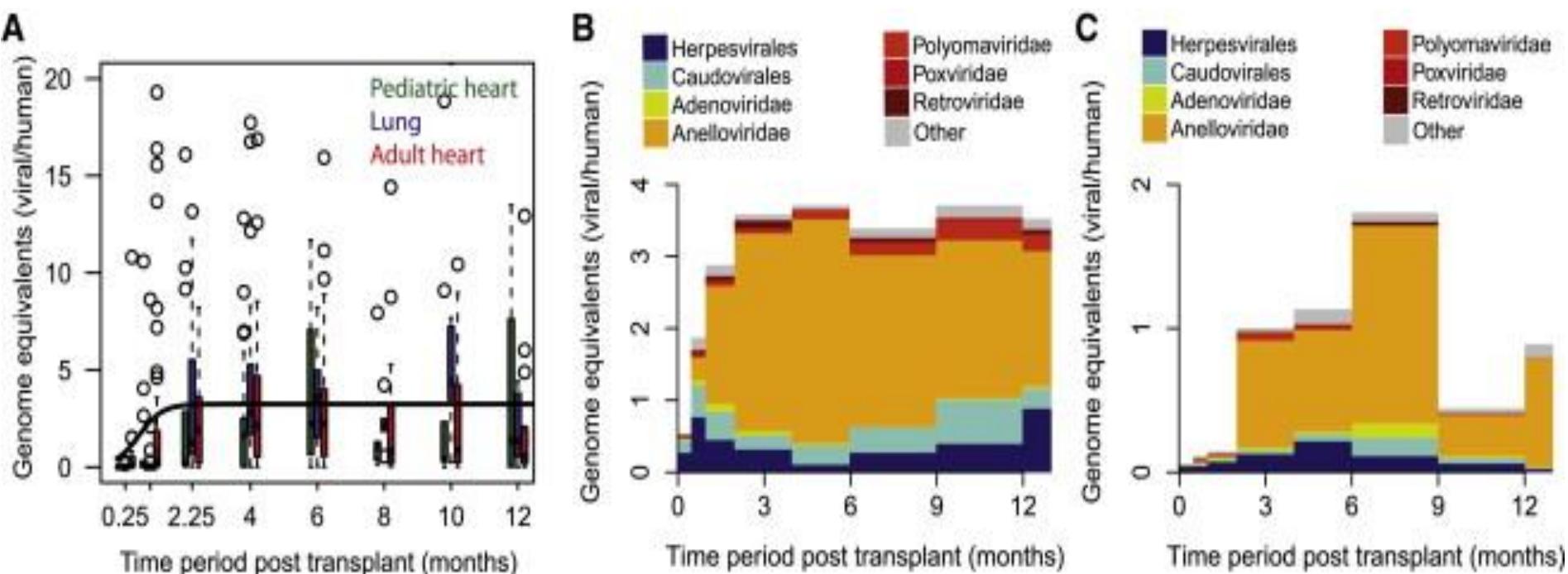
T cell receptor diversity

- outcome in septic shock
- risk of nosocomial infection (n=41)

Adaptive immunity is dysfunctional in sepsis; does it make any difference and is it correctable?

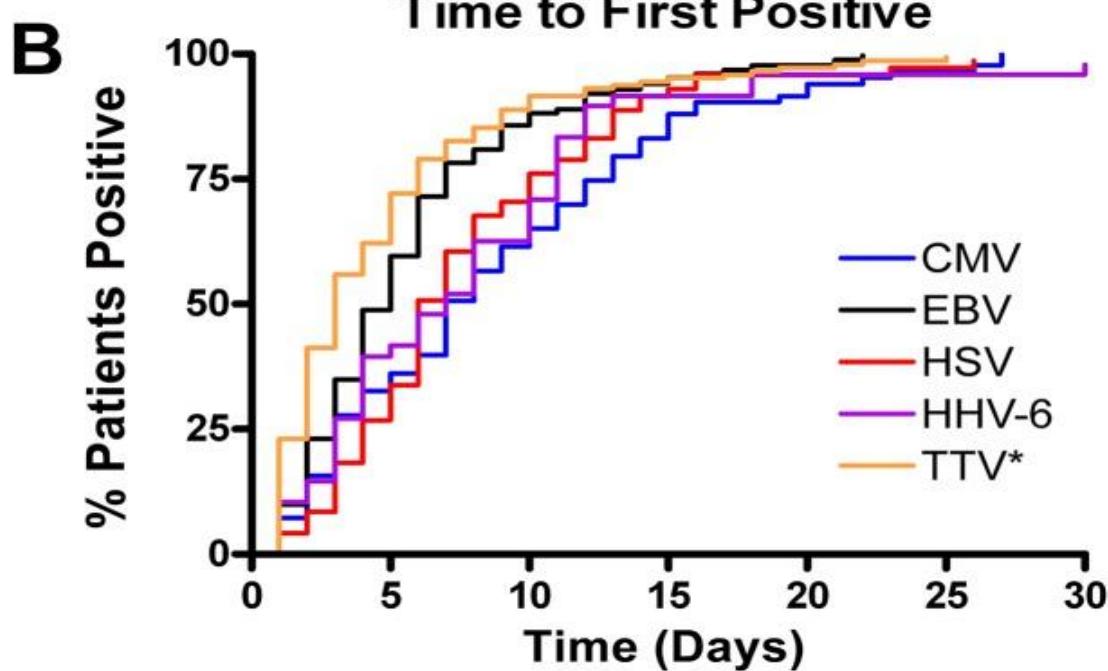
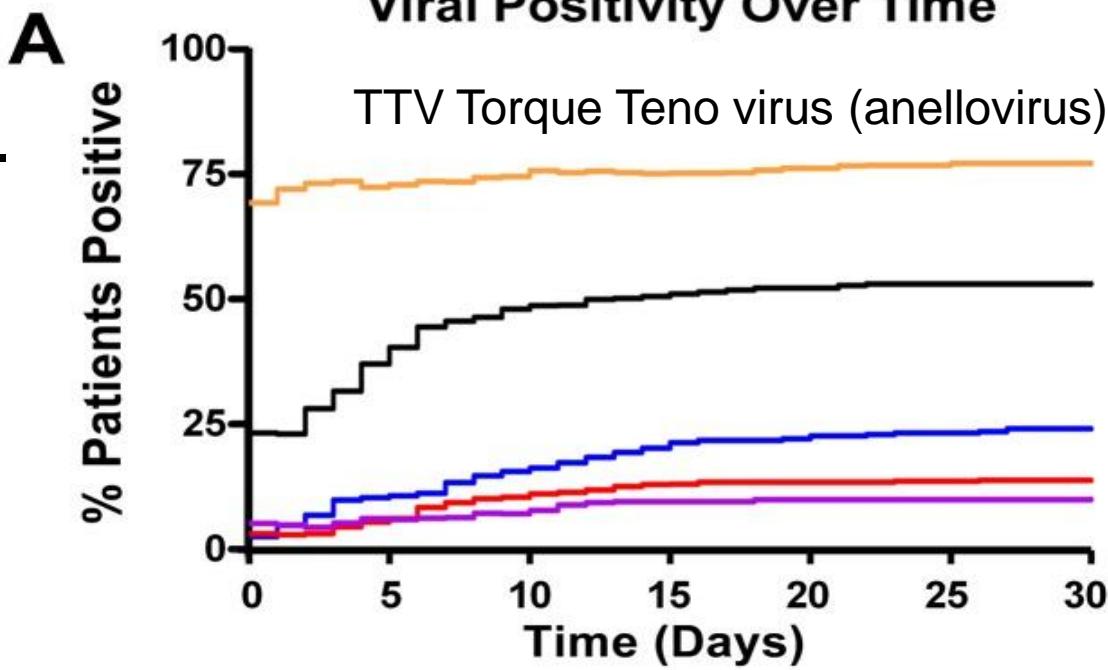


The full complement of viruses in human blood: the Virome

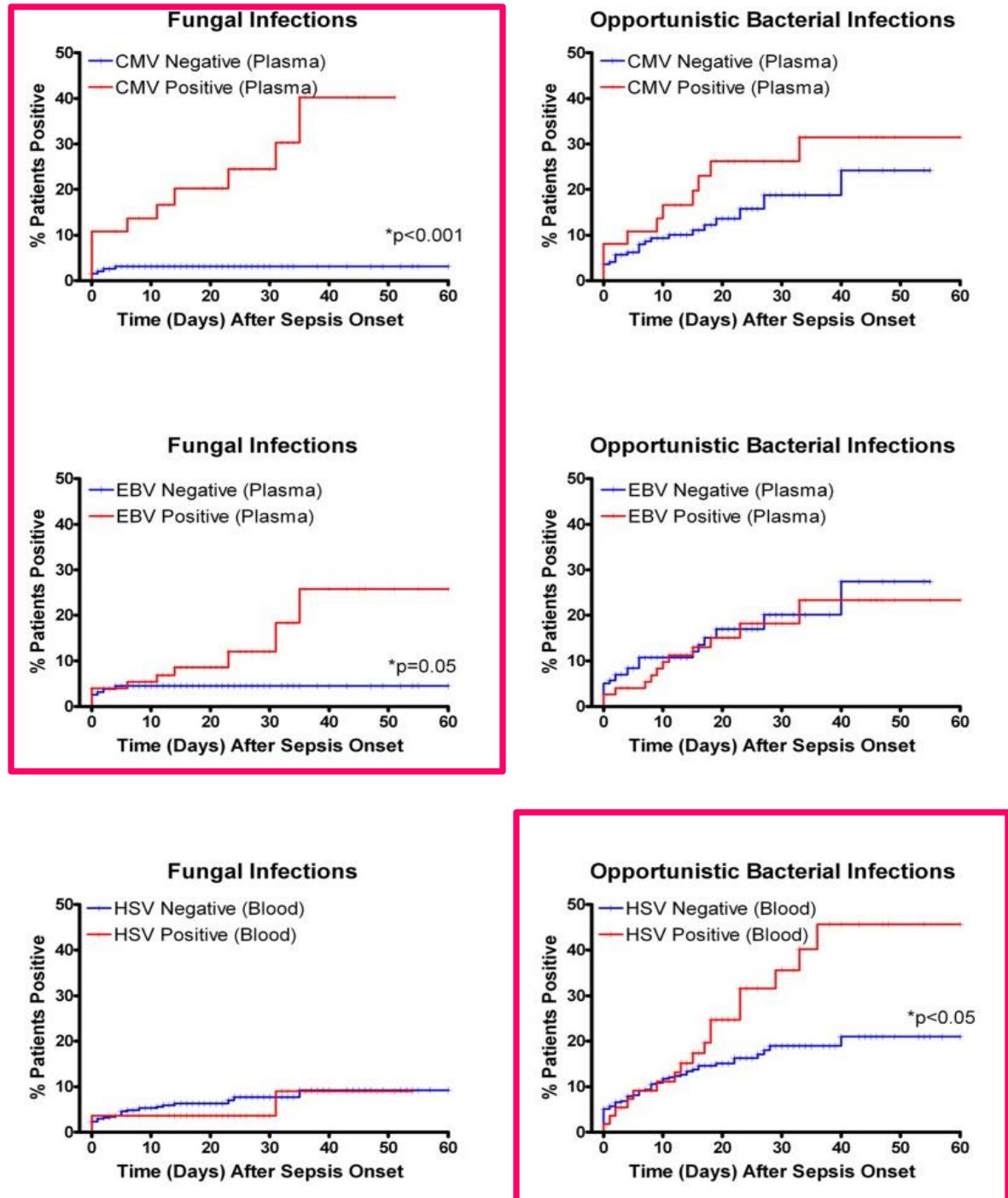


The human virome markedly expands S/P post transplantation from
Immunosuppressive agents to prevent rejection

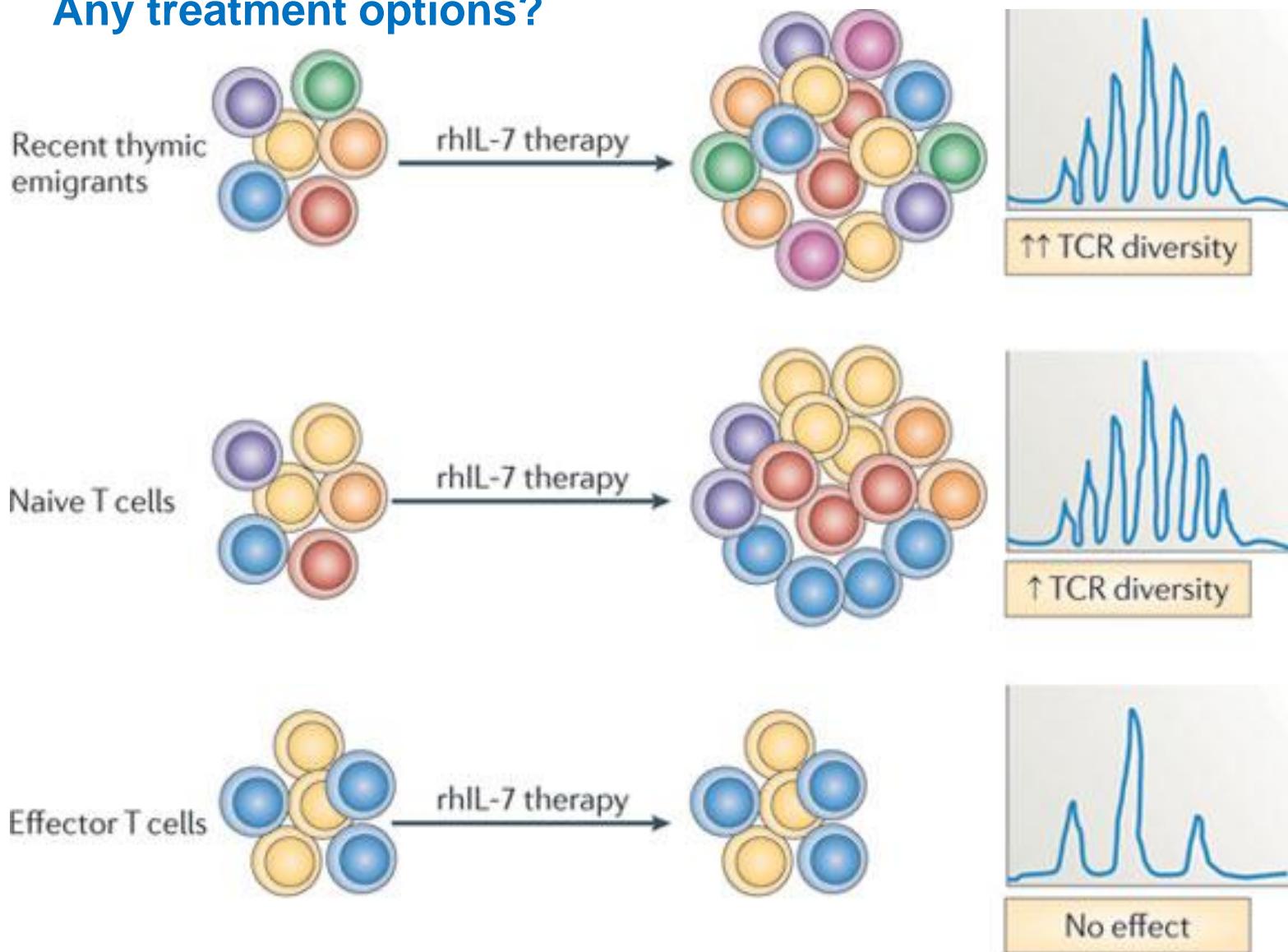
Prospective virome study of 560 septic vs. 161 critically ill, non septic, and 164 age-matched controls



Herpes viral DNAemia predicts risk of opportunistic infections in septic patients

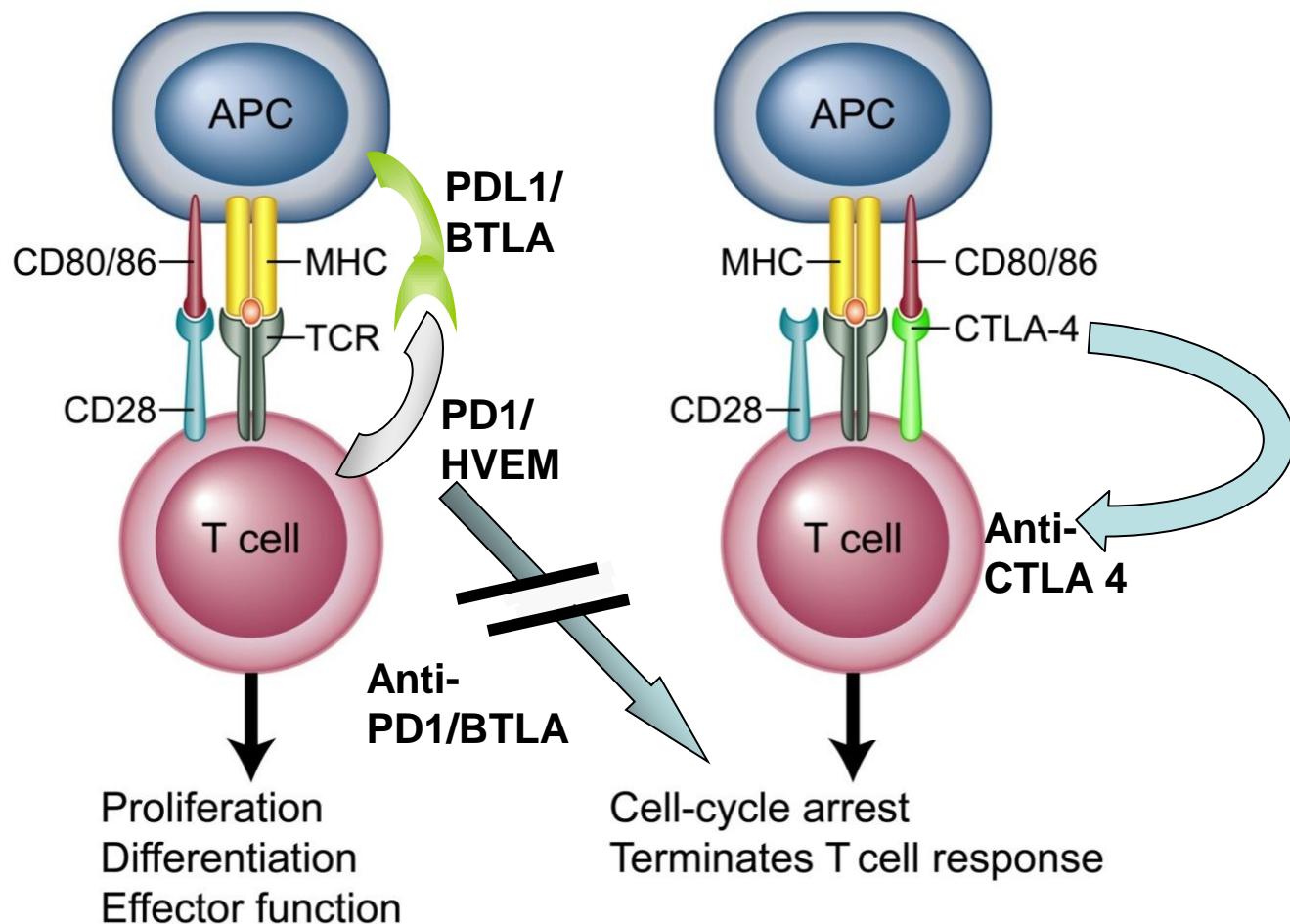


Any treatment options?

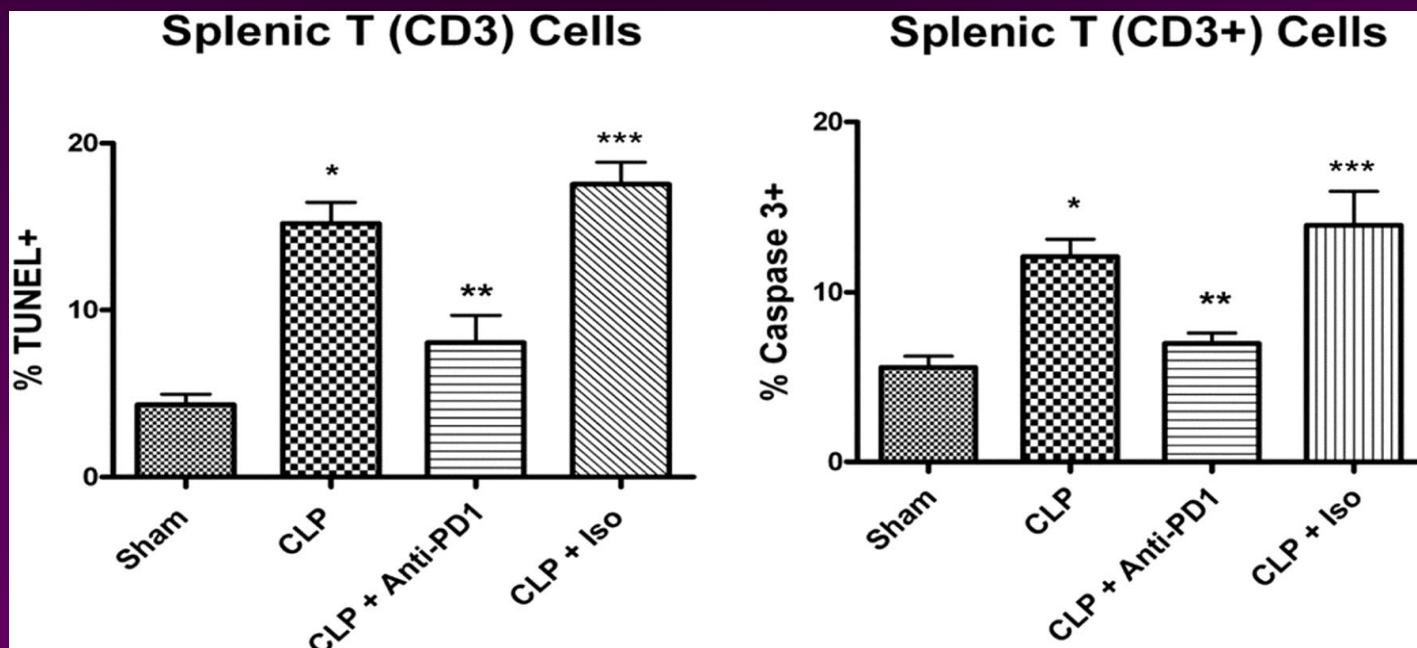
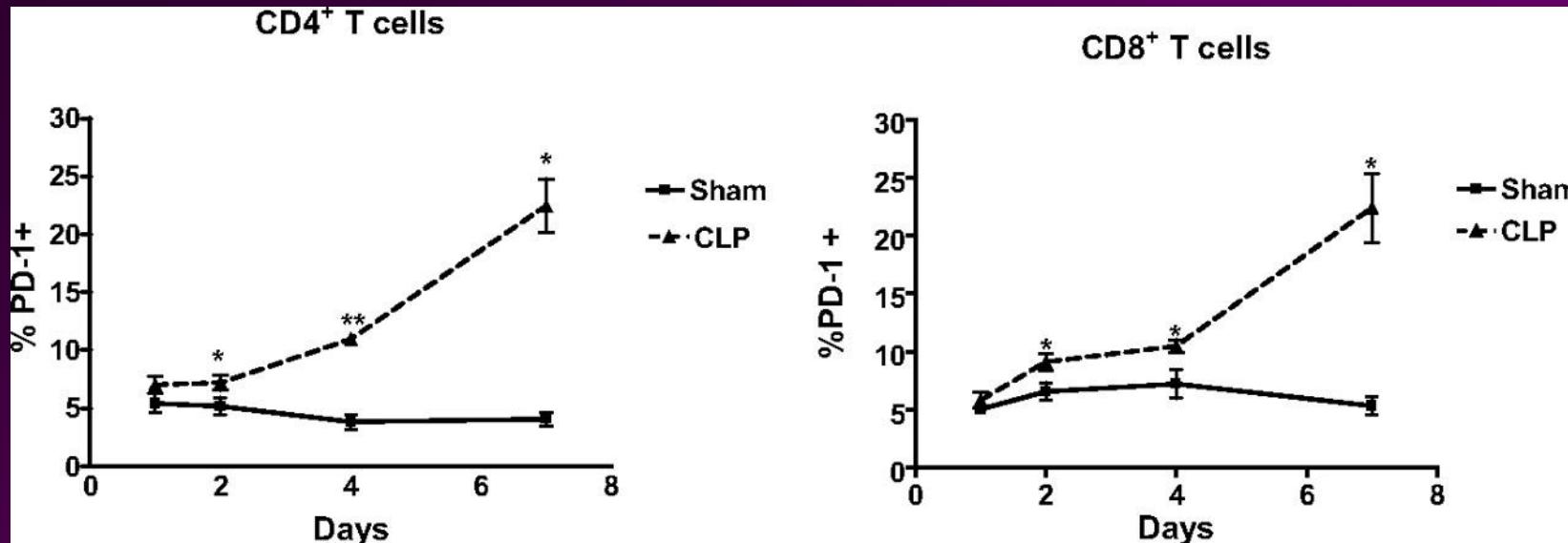


Mackall CL, Fry TJ, Gress RE. *Nature Rev Immunol* 2011;11:330-342

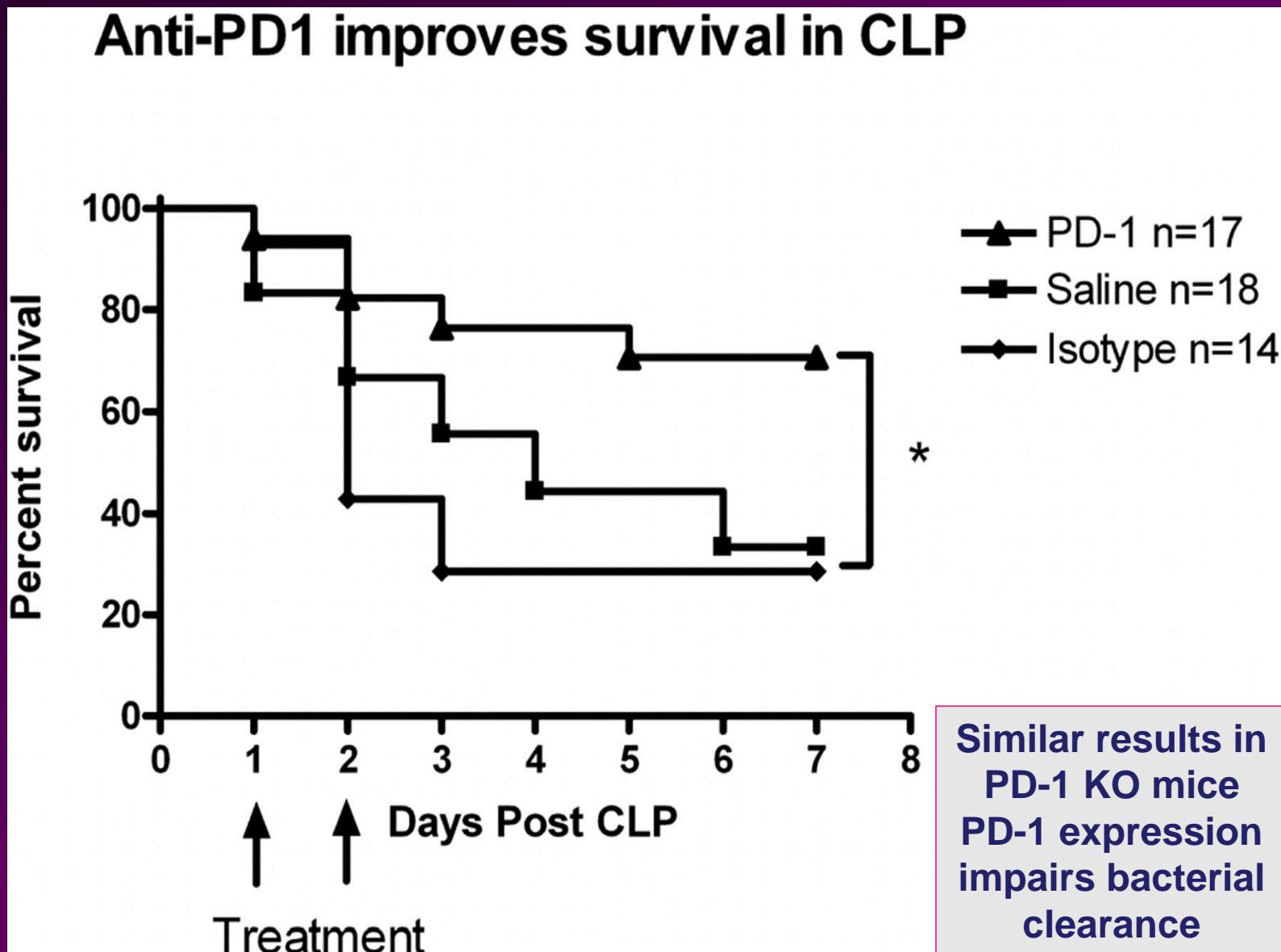
Blockade of Negative Co-stimulatory Molecules on T Cells



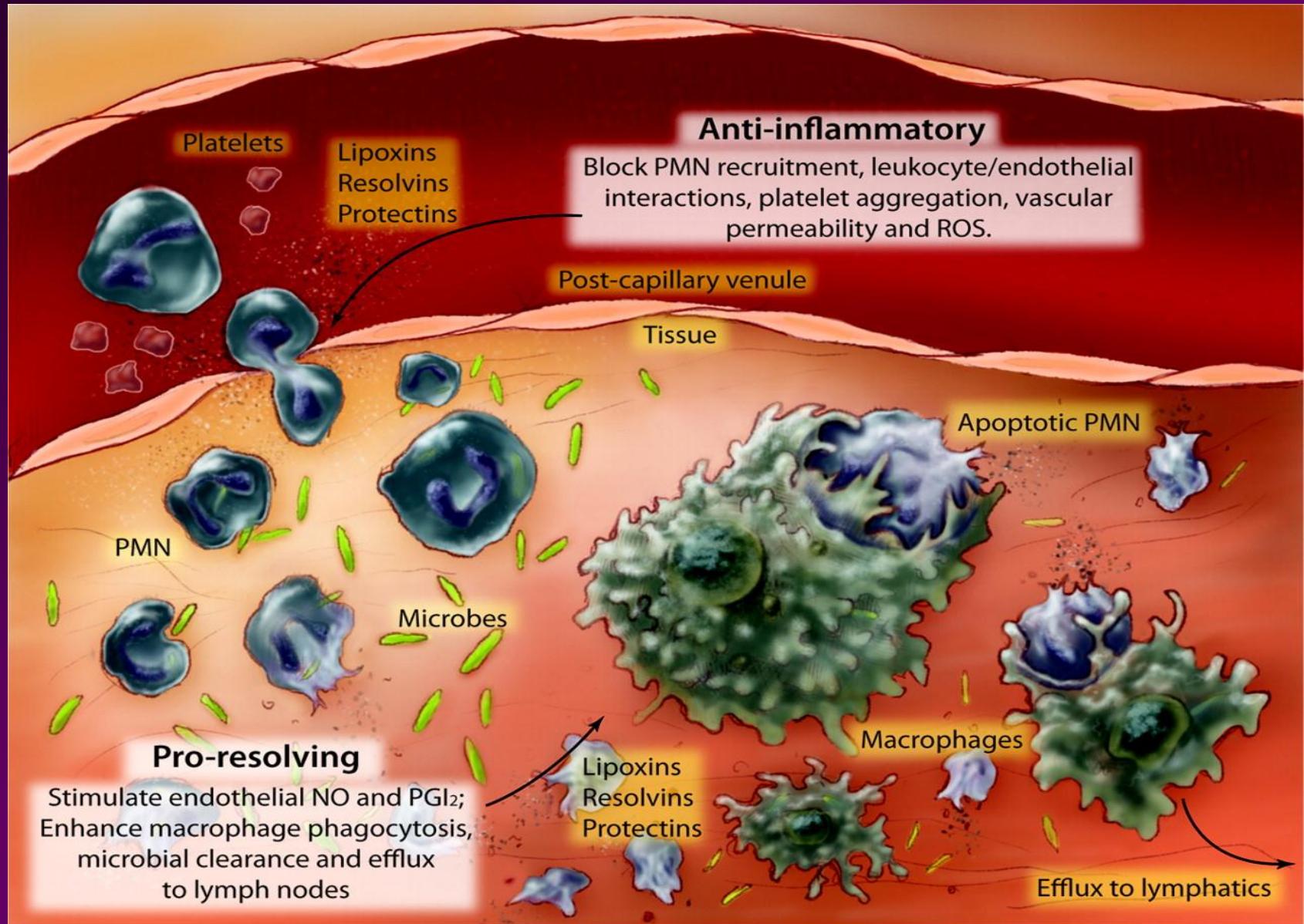
PD-1 expression increases in CD4+/CD8+ T cells in sepsis



Anti-PD-1 aB improves survival S/P CLP (given 24, 48 hr)



Resolving inflammation is an active process: proresolving actions of lipoxygenase-derived lipoxins, resolvins, and protectins



Can we restore immune tranquility in Sepsis ?
**Yes, but its complicated and we need rapid methods to identify
who is infected and who is developing organ injury**

